

WHAT NOT TO WEAR

There are many things that can expose you to danger in the business world. One of those dangers is the simple mistake of what you wear. You don't want to make a spectacle of yourself.

To start with, do not wear an ill-fitted suit. You should fit in the clothes you choose to wear.

Both too big and too small are unprofessional.

Another odd thing to avoid is having pockets full of a variety of items. These items make you appear sloppy and often distract the interviewer's attention. If you need to have appropriate items with you, carry a tasteful briefcase or hand bag.

If you wear glasses, make sure they fit and are not falling off during conversation.

An additional concern should be your hairstyle. If you are a man, ideally keep your hair cut short. The current trend is for men to have long hair. If you do choose long hair, then keep it back and off of your face during your meeting. Again, it should not be a focal point for the interviewer. The following are some additional things to consider when you are creating your first impression:

MEN

Do not wear excessive cologne

Do not wear flashy cuff links

Unbuttoned shirts

Light colored shoes

Loud ties

White socks

Too many layers/bulky

Gym Shoes

Do not wear any large jewelry

Do not wear any type of collar pin

Hair coloring that is an odd color

WOMEN

Do not wear excessive perfume

Large belt buckles

Anything promiscuous

Unbuttoned shirts

Any type of socks

Too many layers/bulky

Gym Shoes

Do not wear any large jewelry.

Do not wear any type of collar pin

Hair coloring that is an odd color

Often, if you use common sense when selecting what to wear and how to accessorize for an interview, you will dress professionally and create a great first impression! Just keep in mind that you do need to put some thought into your choices. A good rule should be that if you are questioning an outfit, you should probably not wear it. If you are really unsure, call a friend or family member who you trust to give you the final okay! You want the interviewer focused in on you and on what you are saying, not distracted by something you are wearing!